

BETTER ATTITUDES FOR LIVING A BETTER, HAPPIER, MORE SUCCESSFUL LIFE!

Ephesians 4²³ Your **ATTITUDES... must all** be **constantly changing** for the **BETTER!** TLB

ATTITUDES ARE MAJOR DIFFERENCE MAKERS IN LIFE!

“A BAD ATTITUDE IS LIKE A FLAT TIRE. YOU CAN’T GO ANYWHERE UNTIL YOU CHANGE IT!”

YOUR ATTITUDE WILL DETERMINE YOUR ALTITUDE

ATTITUDES WE SHOULD AIM FOR: CREATIVE, HAPPY, BLESSED, LOVING, FORGIVING, KIND, CARING, COMPASSIONATE, GENEROUS, POSITIVE, FUN, CHEERFUL, ENTHUSIASTIC, OPTIMISTIC, FRIENDLY, WEALTHY, CONFIDENT, DETERMINED, CAN-DO, PERSISTENT, EXPECTANT!

Matthew 9²⁹ Jesus... said, “You **will have** what your **FAITH EXPECTS!**” TPT

Acts 3¹⁹ ...**NOW change** your **mind** and **ATTITUDE... so God can...**
send you **wonderful times** ...showers of **blessing!** TLB/MSG

OUR ATTITUDES EITHER REPEL OR RELEASE GOD’S BLESSINGS

Colossians 3²⁰ Children, obey your parents in all things, for this **ATTITUDE** of **respect** and **obedience** is **well-pleasing** to the Lord and **will bring you God’s promised blessings!** AMP

WHEN YOU CHANGE YOUR ATTITUDE, YOU CHANGE YOUR FUTURE!

Romans 12² ...Be **changed** by the **entire renewal** of your... **ATTITUDE**,
so that you may **prove** what is the **good...** and **perfect will of God...** AMPC

Romans 12¹...**Worship...BRINGS YOUR MIND** into line with **God’s.** ²...**be transformed**
by the **renewing of your minds...** ³...**THINK...IN LINE WITH FAITH...**! NTE

Romans 12² ...**CHANGE** the **way you THINK.** **Then** you will always be **ABLE** to
determine what is **good** in **God’s plan** and **purpose for you!** GW/AMP

Romans 12²...Be...**progressively changed** as you mature... **focusing on godly...ATTITUDES** AMP

WHAT DO INFLUENTIAL, SUCCESSFUL PEOPLE SAY ABOUT ATTITUDES?

You cannot have a **positive life** and a **negative mind.** Joyce Meyer

ATTITUDES are nothing more than **HABITS** of **THOUGHT.** John Maxwell

Nurture your **mind** with **great thoughts.** You will **never** go **any higher** than you **think.** Ben Disraeli

Positive thinking will let you **do everything better** than **negative** thinking will. Zig Ziglar

POSITIVE PEOPLE are able to maintain a **broader perspective** and see the **BIG PICTURE** which
helps them identify **solutions** whereas **negative people** maintain a **narrower perspective**
and tend to **focus** on **problems.** Barbara Fredrickson (psychologist)

A **POSITIVE ATTITUDE** causes a **chain reaction** of **positive thoughts, events** and **outcomes.**

It is a **CATALYST** and it **sparks extraordinary results.** Wade Boggs

Positive thinking... changes the way we **behave**. And I firmly believe that when I am **positive**, it **not only** makes **me better**, it **also** makes **those around me better**. Harvey Mackay

Optimism is a **happiness magnet**. If you stay **positive**, **good things** and **good people** will be **drawn to you**. Mary Lou Retton

A **happy person** is not a person in a **certain set** of **circumstances**, but rather a person with a **certain set** of **ATTITUDES**. Hugh Downs

Gal 6⁴ Each one **must** carefully scrutinize **his own... ATTITUDES...** and **then** he can have... **JOY...** AMP

You are **braver** than you **believe**, **stronger** than you **seem**, **smarter** than you **think**. Winnie The Pooh

Your life will **always** move in the **direction** of your **strongest thoughts**. Craig Groeschel

HOW POSITIVE THINKING RE-WIRES YOUR BRAIN - The power of positive thinking. How many times have you heard that phrase thrown around? It's so much a part of our vernacular now that it's almost become meaningless. We'd all agree that thinking positively is a good thing. Especially when we're feeling positive. But what about those days when you're so stressed the veins pop out of your forehead? What about those days when you are sucker-punched by a series of unfortunate events...? I've met people who remain perky during really bad times. And to be honest, they make me want to slap them around a bit... However, I've come to learn that these people know something I don't. Here's the secret that's not really a secret. It's revolutionary, exciting science. **POSITIVE THINKING REALLY DOES CHANGE YOUR BRAIN**. Not in some magical, woo woo kind of way, but in a **real physical way**. The science is called **NEUROPLASTICITY**. It means that **OUR THOUGHTS CAN CHANGE THE STRUCTURE AND FUNCTION OF OUR BRAINS**. The idea was first introduced by William James in 1890, but it was soundly rejected by scientists who uniformly believed the brain is rigidly mapped out, with certain parts of the brain controlling certain functions. If that part is dead or damaged, the function is altered or lost. Well... they were wrong. **Neuroplasticity** now enjoys wide acceptance as scientists are proving the brain is endlessly adaptable and **dynamic**. It has the power to change its own structure... People... can **train**... their brains through **repetitive** mental and physical activities. It is completely **life-altering**. So what does this have to do with positive thinking and you? It means that **REPETITIVE POSITIVE THOUGHT** and **POSITIVE ACTIVITY** can **rewire your brain** and **strengthen brain areas** that **stimulate positive feelings**. In his widely-acclaimed book, **The Brain That Changes Itself: Stories of Personal Triumph** from the Frontiers of Brain Science, Dr. Norman Doidge states plainly that the brain has the capacity to rewire itself and **form new neural pathways** — **if we do the work**. **Just like exercise**, the **work requires repetition** and activity to **reinforce new learning**. (by Barrie Davenport)

2 Corinthians 10⁵ **Demolish** every... **attitude** that is in defiance of the **true knowledge** of God. **Capture thoughts** and **teach them** to obey the **Anointed One!** TPT/NLT

TOO MANY PEOPLE ARE LISTENING TO THEMSELVES INSTEAD OF TALKING TO THEMSELVES

Philippians 4⁴ **BE CHEERFUL** with **joyous celebration** in **EVERY** season of life. Let joy overflow...

⁶ Do **not** be **anxious** or **worried** about anything, but be **saturated** in **PRAYER... FAITH-FILLED...** with **overflowing GRATITUDE...** ⁷ **then** God's **wonderful peace...** will make the **answers** known

...⁸ So **keep** your **THOUGHTS continually fixed** on the **BEST, not the worst**, on all that is **EXCELLENT** and **brings peace...** on **every glorious work of God, praising Him always...**! TPT/MSG/AMP

Philippians 2⁵ Live with **JESUS' ATTITUDE**. Let **his mindset** become your **motivation...** ¹⁴ **LIVE A CHEERFUL LIFE. Do everything cheerfully** without **complaining...** ¹⁵ ...Live as **shining lights...**! TPT/VC